



How to register or for more information:

1. Call the FCSS office at 403-652-8620 to make an appointment.
2. Stop by the office for an application package. You will need a copy of your most recent Notice of Assessment from Canada Revenue Agency (Income Tax) and a referral letter from a doctor, social worker, or community agency.

Next steps:

- An in-home assessment will be scheduled to determine the type of service required.
- FCSS will bill the client at their subsidized rate.
- The need for continued services will be reviewed annually.

Family and Community Support Services

Contact Information:

- Phone: 403-652-8620
- Fax: 403-652-8623
- E-mail: fcss@highriver.ca

Drop-in Hours:

- Mon, Wed, Thu, : 8:00 a.m. to 4:30 p.m.
- Tuesday: 8:00 a.m. to 6:00 p.m.
- Friday: 8:00 a.m. to 4:00 p.m.
- Closed for Statutory Holidays

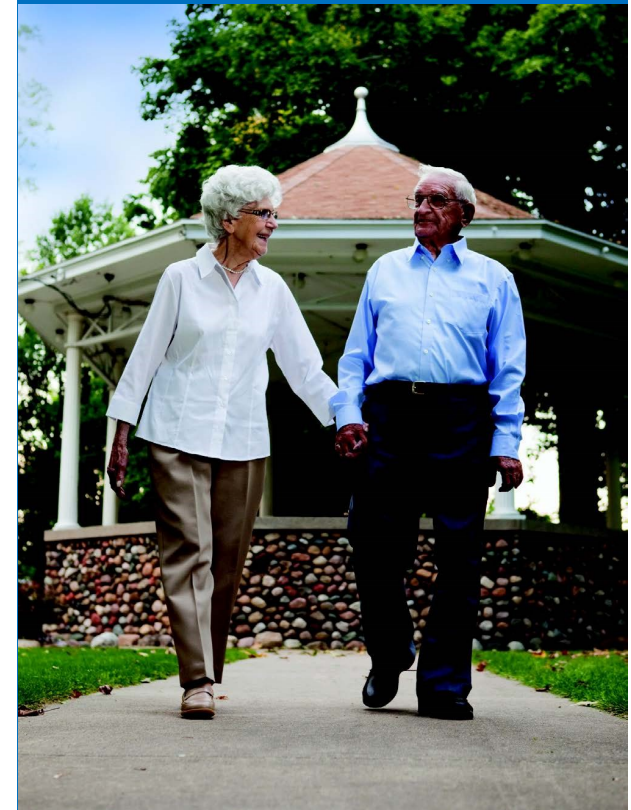
Location:

We are located on the first floor of the Charles Clark Medical Center at:

101 - 303 9th Ave SW
High River, AB T1V 1Z5



HIGH RIVER & DISTRICT Seniors Independent Living Assistance Program



www.highriver.ca

Subsidized Services

Housekeeping

- Eligible seniors receive two hours of housekeeping every two weeks.
- Heavy housekeeping is available once a year.
- FCSS contracts local house cleaning companies to provide housekeeping. Staff are trained, bondable, and insured.

Transportation

- Subsidized transportation for medical appointments is available for eligible seniors. Contact us to find out more information.
- Transportation is provided by taxi or Handi-bus and is subject to availability.
- One week notice is required.

Fee Structure

(amount paid by the senior)

Housekeeping

- Routine Housekeeping: \$8/hour
- Heavy Housekeeping: \$15/hour
- Initial In-home Assessment: \$5

Medical Transportation

- Round trip to Okotoks: \$20
- Round trip to Black Diamond: \$25
- Round trip to south Calgary: \$35
(Destination south of Anderson road)
- Round trip to north Calgary: \$40
(Destination north of Anderson road)
- Waiting time exceeding 2 hours will be paid by the client at a rate of \$30/hour

**Transportation services are determined at the discretion of FCSS staff (based on cost)*



The Seniors Independent Living (SIL) Assistance Program is offered through the Town of High River's FCSS Department. The program is designed to support seniors wishing to remain in their own homes for as long as possible. FCSS subsidizes up to 70% of the contracted service fee and the remaining portion is paid by the resident.

Program Eligibility

- Aged 65 and over.
- Must be a resident of High River or the MD of Foothills.
- Must be living in own home or apartment (own or rent).
- Must have referral letter from the doctor, nurse, social worker, or other community agency.
- Income must not exceed \$26,200 for a single person or \$42,500 for a married couple (based on line 150 of the Notice of Assessment from Income Tax).

Note: Seniors living independently is defined as those, aged 65 and over, who do not have adult children or roommates living in the home with them (unless adult child or roommate also qualifies for the program)

Other Services

- Volunteer snow shoveling.
- Volunteer tax preparation.
- Volunteer drivers provide transportation for out of area medical appointments to individuals not eligible for subsidy. The senior pays a set honourarium to the driver.
- Volunteer opportunities.
- Assistance with completing forms.
- Information about other supports and services is also available.

Contact

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FCSS@highriver.ca | www.highriver.ca