

## COVID-19: Help Prevent The Spread

Prevention starts with awareness.

Be informed on how you can protect yourself and others from COVID-19.

Learn more about COVID-19 from trusted sources.



## Town of High River Response to COVID-19

Community Update #7 – April 9, 2020

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### Town Receives Provincial Funding for Family Resource Network

The Town of High River is pleased to share that it has received funding for the creation of a newly named **Greater Foothills Family Resource Network**. The regional program, formerly known as the High River & District Parent Link Centre, will ensure that children and youth (0-18) and their families continue to have access to programs and services that are family focused and community based. [Read more HERE.](#)

*“The Town of High River is honoured to serve as a Hub for the Greater Foothills Region,” says Mayor Craig Snodgrass. “We partnered with the province as a Parent Link Centre for many years and look forward to working with the province, our partner communities and agencies to continue to serve the community as a Family Resource Network. I commend our staff for their commitment in developing a successful proposal and thank the province for this decision.”*

### Council Information

Mayor Snodgrass and members of Council will provide weekly video updates on Facebook Live, to update the community and encourage everyone to remain compliant. The special meetings and Facebook Live updates are also shared on the Town’s YouTube page <https://www.youtube.com/user/townofhighriver> (link is at the bottom of highriver.ca webpage). High River’s Town Council will continue to hold Special Meetings live online as needed to address ongoing matters of high priority to the community.

### Long Weekend Service Closures and Garbage Pick-up

Please note the following Town of High River service closures over the upcoming statutory weekend. Garbage pickup that would normally occur on Friday, April 10 will instead take place on Thursday, April 9.

- Town Office Services: Closed on Friday, April 10 and Monday, April 13
- Family Community and Support Services: Closed on Friday, April 10 and Monday, April 13
- Greater Foothills Family Centre: Closed on Friday, April 10 and Monday, April 13
- Operations Services: Closed on Friday, April 10 and Monday, April 13
- Recycling Centre: Closed on Friday, April 10 and Monday, April 13

**Emergency crews are available any day or time over the Holidays.**

## George Lane Park – No Parking or Gatherings. Campground Closed.

In order to prevent gatherings in George Lane Park, parking has been banned. The campground will remain closed. Signs will be posted throughout George Lane Park as a reminder.

**\* Anyone parking in George Lane Park will be ticketed. \***

Please respect this action to help stop the spread of COVID-19.

Residents will be able to drive through the park, but not stop. Any gatherings, including BBQ's or picnics, are prohibited.

### Parks, Trails and Dog Parks Reminders

As the weather improves, residents will be heading outside to walk the Happy Trails and enjoy the fresh air. Remember to keep your distance – two meters or six feet - from others. If an area is busy, leave. Step aside to make room to pass on trails.

Picnics, BBQs, contact sports or any activity in groups are prohibited in all parks and green spaces.

**If you're taking your pet out for a run at the dog park**, make sure you respect physical distancing rules. If not in a dog park, please respect both the physical distance rules, and leash rules, to ensure your pet is under control around others.

Do not touch other dogs for proper hand hygiene and do not let your dog approach or jump on others when outdoors

## Enforcement stepped up around Town and in parks

**COVID-19 public health orders are enforceable by law.** The Town's Municipal Enforcement officers will be stepping up their patrols of parks and trails over the next few weeks.

The provincial government has granted Community Peace Officers the powers to enforce public health orders related to mandatory self-isolation, physical distancing and restrictions on gatherings.

### COVID-19 PUBLIC HEALTH ORDER VIOLATIONS

If you believe someone is breaking the rules or putting others at risk, please take the following steps:

1. Check the public health orders about restrictions on gatherings [HERE](#)
2. Use your best judgement. Decide if you can say something (kindly)
3. Submit your complaint to the [AHS portal](#)

<https://ephisahs.microsoftcrmportals.com/create-case/>

Enforcement Officers will review and act on complaints as appropriate.

**Under the Public Health Act Violators may be subject to** tickets of \$1,000 per occurrence. Courts could administer fines of up to \$100,000 for a first offence and up to \$500,000 for a subsequent offence for more serious violations.

## Enjoy the Holiday Weekend at Home

### Tips to enjoy the holiday weekend at home



Long weekends are normally a time when families and friends gather together. However, in light of the COVID-19 pandemic we're all being asked to avoid gatherings this year to prevent the spread.

This will be difficult, especially for those who are celebrating significant religious holidays such as Easter.

Here are some tips to stay socially connected and observe the holiday while maintaining physical distancing.

- Make phone calls and use Face Time or other technology to connect with friends and loved ones.
- Check with religious leaders to see if they have alternate plans such as Facebook and other social media platforms.

Plan to celebrate the holiday weekend with the people who live in your home. Town Council and staff wish everyone a safe and happy long weekend.

### Tips to prevent the spread while grocery shopping



Designate ONE healthy family member to pick up groceries, pet food, prescriptions and other essential tasks. Please leave everyone

else at home. **Limit the number of times** you need to leave your home and if you can, shop during non-peak hours.

**While out, limit your contact** to reduce the risk of getting sick. Observe physical distance if you must wait in line to enter a store. Use hand sanitizer before and after touching any surfaces, including door handles. Wear a properly fitted mask if you wish and dispose of properly. Please don't litter. Do not re-use a mask. Wash hands and try not to touch your face when removing or adjusting a mask.

**Physical distancing works to prevent the spread of COVID19.** Keep at least 2 metres from others at all times.

**Many stores are sanitizing** cart and basket handles. Be prepared to wear gloves or sanitize your cart. Avoid picking up and replacing items on shelves, especially food items.

**Use self-check-out if possible.** Wash and sanitize hands thoroughly. Consider washing all products entering your home before storing them in cupboards or the refrigerator.

## Town Work Continues

### Recycle Centre is Open!



While most Town facilities are closed to the public, the Recycling Centre remains open. When dropping off

your recycling, remember to practice physical distancing to help prevent the spread of COVID-19. Make sure recyclables are clean and sorted into the correct bins. Proper sorting ensures that the bins will not be deemed 'unusable' and redirected to the landfill. If the bins are full, staff ask that you come back at another time or consider placing the materials into your regular residential garbage until this health emergency has passed. The Recycling Centre is open from 8am to 5pm 7 days a week, closed on statutory holidays. For further information on recycling in High River, check out <https://highriver.ca/recycling/>

### Curb Stop Maintenance



Operational Services has begun annual maintenance on any Curb Stops that have worked their way above street level over the

winter. A Curb Stop is a water control valve used to turn the water on and off to a property from the Town's main water system. It is attached to a rod between the water line and the surface. Town crews pull the rods up to make sure they are not damaged, disconnected or bent before being forced back down to street level. Frost heaving tends to impact driveway Curb Stops more often than those in lawns and boulevards. If residents see a Curb Stop that is higher than street level, call Operational Services at 403-652-4657.

## Links, Emails and Phone Numbers

**Requests for High River Fire Birthday Drive-by. Please message via their Facebook page due to high demand - <https://www.facebook.com/High-River-Fire-Department-333062916754>**

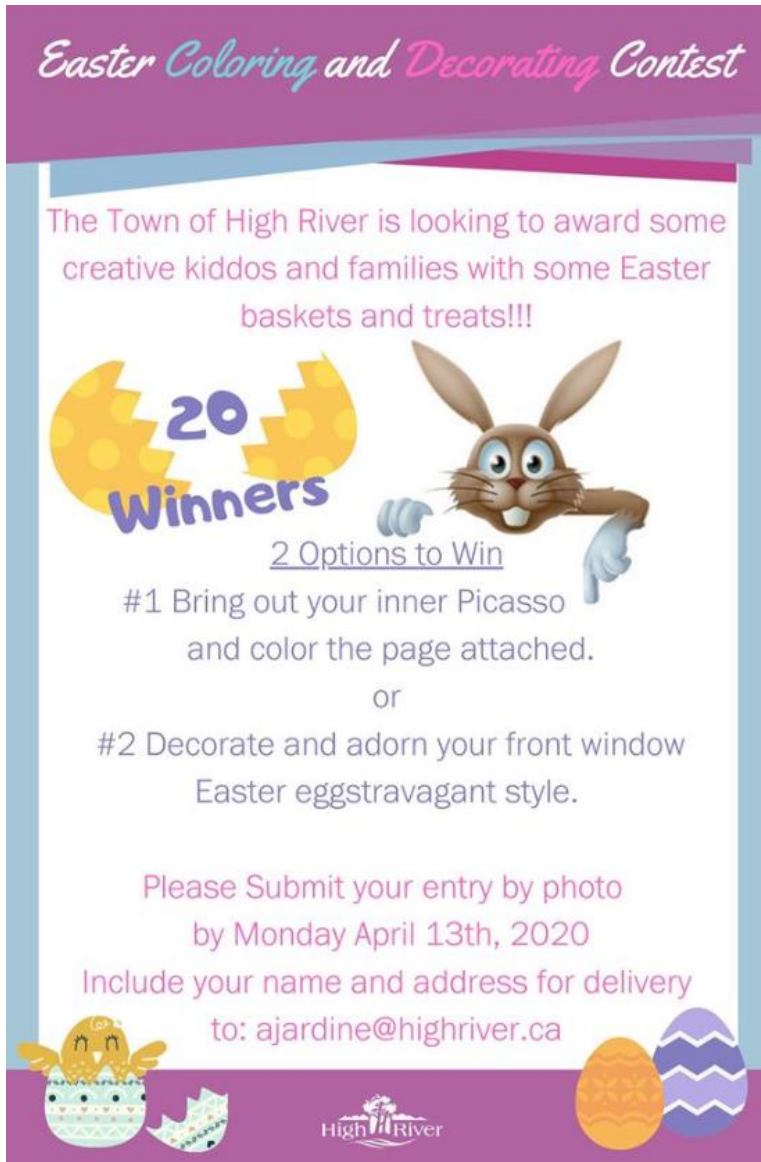
- **Wellness Corner:** Check out [highriver.ca/wellness-corner](https://highriver.ca/wellness-corner) for wellness resources and a weekly calendar of activities for mental and physical wellbeing.
- **Customer Service:** 403-652-2110 [Corporateservices@highriver.ca](mailto:Corporateservices@highriver.ca)

### Be informed!

- Follow trusted websites for accurate information, including Alberta Health Services and [alberta.ca/covid19](https://alberta.ca/covid19). A list of trusted websites can be found on [highriver.ca/covid19](https://highriver.ca/covid19)
- Follow the Town on Facebook and Twitter for additional updates and information.
- Click here for advice from the Alberta Government on wearing a mask: <https://bit.ly/3e8670D>

# Easter Colouring and Decorating Contest!

The Town's Recreation team invites everyone to have fun this Easter while we stay home and avoid gathering to help stop the spread of COVID-19. Everyone is invited to have some Easter fun by taking part in a High River Kid's Colouring and Decorating Contest!



*Easter Coloring and Decorating Contest*

The Town of High River is looking to award some creative kiddos and families with some Easter baskets and treats!!!

**20 Winners**

2 Options to Win

#1 Bring out your inner Picasso and color the page attached.

or

#2 Decorate and adorn your front window Easter eggstravagant style.

Please Submit your entry by photo by Monday April 13th, 2020

Include your name and address for delivery to: [ajardine@highriver.ca](mailto:ajardine@highriver.ca)

High River

The poster features a cartoon rabbit pointing, a cracked yellow egg with '20 Winners' written on it, and two decorated Easter eggs (one orange, one purple) at the bottom.

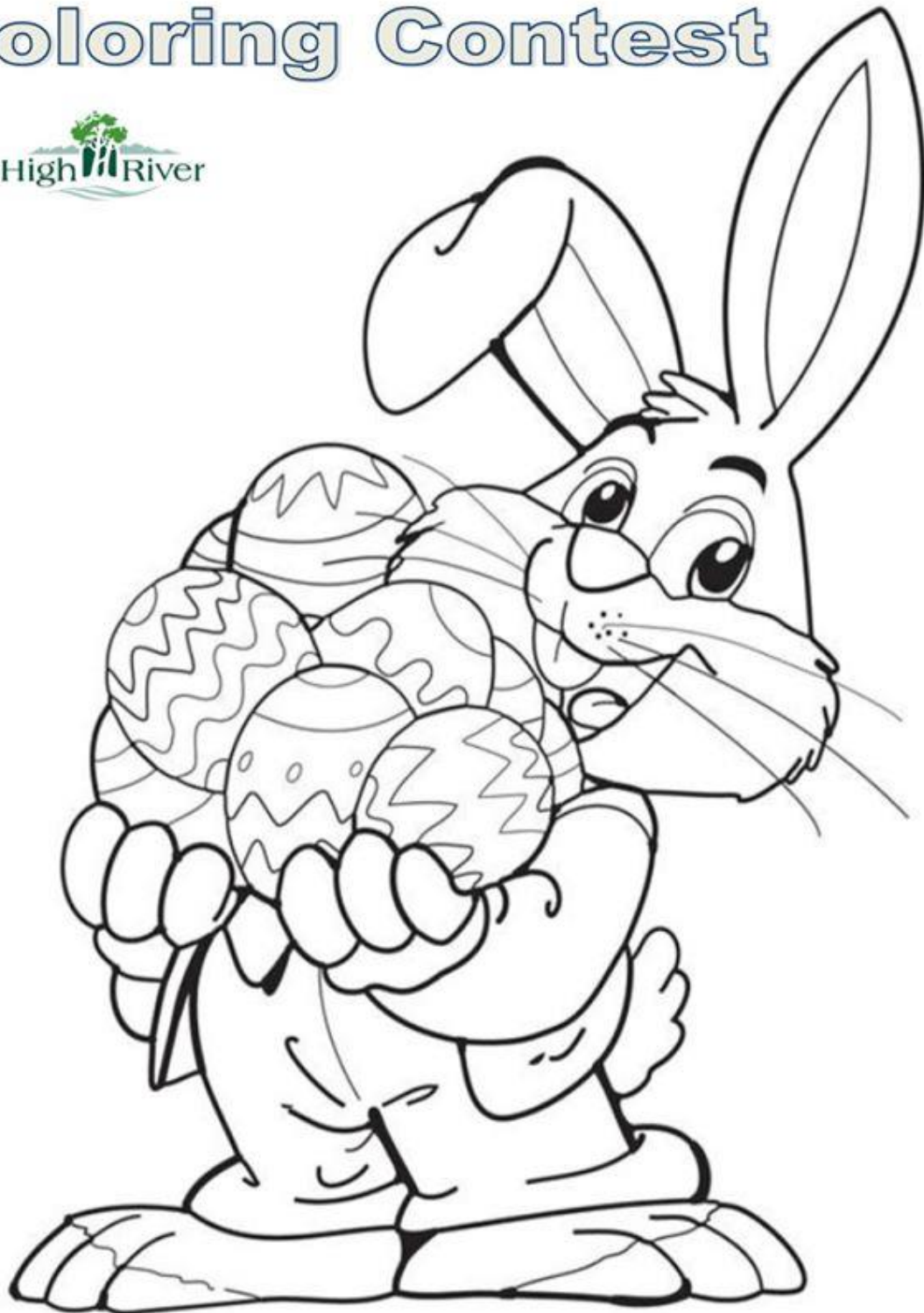
## You can enter two ways:

1. Decorate the windows of your house this week!
2. Or, colour the attached picture and send a photo of it by April 13 to [ajardine@highriver.ca](mailto:ajardine@highriver.ca). Please include your address in your submission.

Check the Town's Parks and Recreation Facebook page for the colouring contest picture or print the last page of this update!

**Town staff will deliver the Easter Baskets of candy the week of April 13<sup>th</sup>!** Even though the Easter Scavenger Hunt is cancelled this year, we can stay active and enjoy time at home. Check our Facebook page and [highriver.ca/wellness-corner](http://highriver.ca/wellness-corner) for more ideas. Thanks for doing your part!

# Coloring Contest



Submit by April 13th, 2020  
to: [ajardine@highriver.ca](mailto:ajardine@highriver.ca)